

# Incorporation of People with Lived Experiences into Behavioral Health Programs

*Second Chance Month Fieldwide Webinar*

The Council of State Governments Justice Center

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# The Council of State Governments Justice Center

We are a national nonprofit, nonpartisan organization that combines the power of a membership association, serving state officials in all three branches of government, with policy and research expertise to develop strategies that increase public safety and strengthen communities.



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# Presentation Outline

- Welcome, Introductions, and Organization Overview
- Disc Village Inc.
- Hawaii Department of Health
- Ohio Criminal Justice Coordinating Council
- Panelist Discussion
- Questions and Answers

# Presenters

- **Tiffany McKnight**, Policy Analyst, Behavioral Health, CSG Justice Center
- **Alexis Lacy**, Project Manager, Behavioral Health, CSG Justice Center
- **Carolyn “Freda” King**, Project Director, DISC Village Inc.
- **Jacob R. McPherson**, Consumer Affairs Chief, Adult Mental Health Division, Hawaii Department of Health
- **Willie Knighten**, CEO, Above and Beyond Care

# Attendee Introductions

Please introduce yourself using the chat function:

- Name
- Agency/Jurisdiction

# Why Incorporating Persons with Lived Experiences is Important

- Lived experiences encompass a range of activities and interactions between people who share similar experiences of being diagnosed with mental health disorders, substance use disorders, or both. This mutuality between a person with lived experiences and a person who is in or is seeking recovery encourages and inspires hope.
- Sharing one's own lived experience helps other people develop their own goals, promote participation in treatment and recovery services, create strategies for self-empowerment, and take real steps toward building fulfilling lives for themselves.

# Lived Experiences and Behavioral Health

People with lived experiences are valuable not only to the person receiving services, but also for the behavioral health profession. People with lived experiences help educate professionals working in the field by sharing their experiences and perspectives. This experiential experience advances the field and increases understanding of how practices and policies may need improvement to continue to promote wellness and resiliency.



# **Disc Village**

FY20 Second Chance Act Grantee: Improving Reentry for Adults with Substance Use Disorders Program

# **Disc Village Inc., Tallahassee, Florida**

- FY20 IAR Rural Jail Re-Entry Network: Solutions for Adults with Substance Use Disorders
- DISC Village, Inc. is a private, nonprofit, 501c3 corporation providing child welfare, criminal justice, and a full continuum of behavioral health care services, from prevention and intervention to residential treatment and recovery services.

# Disc Village Inc., Tallahassee, Florida

- Program is partnering with three sheriffs' offices to deliver comprehensive and individualized case management
- Program is serving 100 adults with substance use disorders returning to the community from three rural jails in North Florida.
  - Wakulla County
  - Jefferson County
  - Madison County

# **Hawaii Department of Health**

FY19 Second Chance Act Grantee: Improving Reentry for Adults with Co-occurring Substance Abuse and Mental Illness

# Hawaii Department of Health

- FY19 CSAMI Hawaii Reentry Initiative
- The Hawaii State Department of Health (HiDOH) is partnering the Adult Mental Health Division (AMHD), The Honolulu Police Department, The Department of Corrections, The Hawaii State Hospital, and the AMHD-supported crisis stabilization programs.

# Hawaii Department of Health

- Program serves 410 people with co-occurring substance use and mental illness on pretrial for petty non-violent misdemeanors and/or court-ordered to Hawaii State Hospital for behavioral health stabilization.
- Forensic Peer Specialists currently engage with those court-ordered to Hawaii State Hospital for behavioral health stabilization at AMHD-supported community crisis stabilization programs.

# **Ohio Criminal Justice Coordinating Council**

FY16 Second Chance Act Grantee: Reentry Program for Adults with Co-occurring Substance Abuse and Mental Disorders

# Ohio Criminal Justice Coordinating Council

- FY16 CSAMI Lucas County Reentry Program
- The Criminal Justice Coordinating Council (CJCC) is a unit of local government that provides an integrated criminal justice information system, criminal history record checks, and management of federal grant dollars to Lucas County and Northwest Ohio.



# Ohio Criminal Justice Coordinating Council

- Program is serving between 100 and 150 participants with mental health issues.
- Pre-release services include case management, assessments, legal services, peer mentoring, and referrals to mental health and housing.
- Post-release services include family support, mental health and substance use treatment, as well as housing. A focus is placed on immediate linkage to mental health and substance use services upon release, with the peer mentor providing solutions to any transportation issues.

# Panelist Discussion

Why is it important to have people with lived experiences in various positions in programming throughout the behavioral health system?

How do you manage your own recovery while working in the field with people who have behavioral health needs?

# Panelist Discussion

Explain the importance of incorporating people with lived experiences into programming.

What are some of the misconceptions about recovery or examples that are unhelpful or misleading?

How are peer services effective in helping individuals self-manage their whole health needs?

# Panelist Discussion

How is your program changing staff language, practice, and culture to combat stigma in the field of criminal justice and behavioral health?

What are some non-traditional and/or evidence-informed approaches in engaging this community that you are using with the community you are working with?

# Questions and Answers

# Thank you!

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